# **Family Assistance**

# What Is Family Assistance?



Family Assistance provides a focal point of information through Six Essential Services. Family Assistance Centers are critical in providing help to all military families. This holds especially true for geographically dispersed families who are unable to access services at a local base, installation, or fort. In other words, Family Assistance personnel are the "Easy Button" for assistance and referral for families.

# The Six Essential Services:

#### Crisis Intervention and Referral

- Provide assistance with the following:

- 1. Domestic Abuse
- 2. Child Abuse/Neglect
- 3. Danger to Self and/or Others
- 4. Abuse/Neglect of a Vulnerable Adult

## Legal Resource and Referral

- 1. Assistance with Power of Attorney/ Wills
- 2. Information and assistance with Service Members Civil Relief Act
- 3. Assistance with referral for ESGR

## Financial Resource and Referral

- 1. Understanding Military Pay
- 2. Assistance with financial assistance and loan applications through the American Red Cross
- 3. Referral to the availability of outside grants
- 4. Provide referrals for budgeting classes

## TRICARE Resource and Referral

- 1. Provide general information on insurance benefits
- 2. Assist with TRICARE Medical and Dental applications
- 3. Assist with finding local participating providers
- 4. Assist with writing letters to challenge claim denials

## ID Cards and DEERS

- 1. Provide information on DEERS Rapids Centers
- 2. Assist with obtaining an ID card

# Community Information and Outreach

- Provide a list of local Community resources, including but not limited to the following:

- 1. Assist with Child Care resource and referral
- 2. Assist with referral to local financial resources
- 3. Assist with finding a local FRG to assist with Family Readiness



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